As part of National Cyber Security Awareness Month in October, Duke staff, faculty and students can take a quiz to test their mindfulness about cybersecurity. All Duke users who take the quiz will be entered into a drawing to win an AppleWatch Series 3. Take the quiz [online].

Throughout October, Duke’s IT security offices will share tips and resources to help staff, faculty and students protect their digital security.

Cathy Hubbs, chief information security officer at American University, will be a featured speaker on Oct. 11, talking about cybersecurity today (including the recent Equifax breach) as well as barriers and opportunities faced by women in IT security. Her talk, "Women in IT: No Lines for the Loo," is co-sponsored by Duke’s IT Security Office and the Office of Information Technology. The event is free and open to the public; refreshments will be provided. Register [online].
In addition, Duke IT staff will present two Learn IT @ Lunch sessions and will be available at various on-campus events giving away fidget spinners, webcam covers and other freebies. Join the ITSO at these events:

- **Oct. 4, 11 a.m. to 2 p.m.**: Try your lock-picking skills and learn more about cybersecurity "mindfulness" at the ITSO informational table at Bryan Center.
- **Oct. 10, 11 a.m. to 2 p.m.**: Clinical Research Appreciation Day, Trent Semans Center.
- **Oct. 11**: Learn IT @ Lunch session, ?Be Mindful! IT Security Tips for Work and Home? 12 to 1 p.m., 217 Perkins Library, [https://sites.duke.edu/training/learn-it-lunch/](https://sites.duke.edu/training/learn-it-lunch/)
- **Oct. 11**: ?Women in IT: No Lines for the Loo,? presentation by Cathy Hubbs, chief information security officer at American University. The talk, co-sponsored by the Office of Information Technology, will be held from 2 to 4 p.m. at 217 Perkins Library. The event is free and open to the public; register online at [http://training.oit.duke.edu/reg](http://training.oit.duke.edu/reg).
- **Oct. 17**: Internet of Things (IoT) open house, 2 to 4 p.m., Technology Engagement Center, Telecommunications Building on Telecom Drive, [http://duke.libcal.com/event/3538263](http://duke.libcal.com/event/3538263)
- **Oct. 18**: Learn IT @ Lunch session, ?Smart Devices Need Smart People: Learn How to Be Smart,? 12 to 1 p.m., 217 Perkins Library, [https://sites.duke.edu/training/learn-it-lunch/](https://sites.duke.edu/training/learn-it-lunch/)
- **Oct. 25, 10 a.m. to 2 p.m.**: Live for Life Health Expo, North Pavilion, first-level conference room.
- **Oct. 26, 10 a.m. to 2 p.m.**: Live for Life Health Expo, Fuqua School of Business, Kirby Reading Room, 100 Fuqua Drive.
- **Nov. 3**: 12 to 4 p.m., Faculty Tech Fair, Technology Engagement Center (TEC).

For any departments that would like our office to present (during October or any other month), please inquire via email: security@duke.edu

**Source URL**: [https://security.duke.edu/news-alerts/be-mindful-october](https://security.duke.edu/news-alerts/be-mindful-october)

**Links**

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